**DIRECTORY OF SERVICES**

There may be times when you contact the surgery but are not sure who is the most appropriate person to deal with your problem. Hopefully this directory will help you.

I WOULD LIKE TO SEE SOMEONE ABOUT... THEN YOU NEED AN APPOINTMENT WITH...

**A**

Asthma Practice nurse

**B**

Bladder Problems (men) Dr Clarkson, Dr Peacock

Bladder problems (female) Dr King, Dr Robertson, Dr Baker

Blood Pressure Readings HCA

Blood Tests (must be requested by a doctor) HCA

**C**

Cervical Smears Practice nurse

Childhood vaccinations Practice Nurse

Clip (wound) removal HCA or Practice nurse

Contraception (oral) Practice nurse

Coil removal Practice nurse

COPD Sister Day, Dr Clarkson

**D**

Depression Any doctor

Diabetes Dr King, Dr Clarkson

Diabetic annual review Practice nurse and any GP

Dressings HCA or Practice nurse

**E**

Ear syringing Practice nurse

ECG’s (must be requested by a doctor) HCA

ENT problems Dr Peacock

Erectile Dysfunction Dr Clarkson, Dr Peacock

**F**

Family Planning Practice Nurse

Foreign travel advice Practice Nurse

**G**

Gynaecological problems Dr King, Dr Robertson, Dr Baker

**H**

Health checks HCA

Heart Problems Any doctor

HRT Dr Robertson

**I**

Immunisations Practice nurse

**J**

Joint injections Dr Peacock, Dr Clarkson

Joint problems Any doctor

**L**

Leg Ulcer Care Sister Spicer

**M**

Menopause Dr Robertson

Mental health Any doctor

Minor illness/ailments Sister Day

Minor Surgery Dr Peacock, Dr Clarkson

Moles Dr Peacock, Dr Clarkson

**P**

Palliative Care Dr Baker

Prostate problems Dr Clarkson

**R**

Respiratory problems Sister Day, Dr Clarkson

**S**

Sexual Health Any doctor

Skin problems Dr Peacock, Dr Clarkson

Suture removal HCA

**T**

Travel Health Practice nurse

**V**

Vaccinations Practice nurse

**W**

Warfarin monitoring HCA, Practice nurse

Well women checks HCA

Women’s health Dr King, Dr Robertson, Dr Baker

Wound Care HCA, Practice nurse

**THESE ORGANISATIONS MAY ALSO BE ABLE TO HELP YOU:**

**1. Worcestershire Wellbeing Hub**

Worcestershire Wellbeing Hub is an information and signposting service for people

over the age of 16 who are experiencing low mood, anxiety or stress, and feel that

they would benefit from support from local community providers.

Tel: 01905 766124

Email: WHCNHS.wellbeinghub@nhs.net

**2. New Horizons – Services for Bromsgrove’s over 50s**

If you want to meet new people, get more active, learn something new or meet your

health needs then click on the link which will signpost you to a host of organizations.

http://www.bromsgrove.gov.uk/things-to-do/in-the-community/new-horizons-servicesfor-

bromsgroves-over-50s.aspx

**3. Your Life, Your Choice**

Your Life, Your Choice Worcestershire provides information and advice about adult

social care and health services in Worcestershire.

https://ylyc.worcestershire.gov.uk/about-this-site/about-us/

**4. Family Front Door**

If you have a concern about a child or want to request additional help for a family

http://www.worcestershire.gov.uk/info/20265/i\_am\_a\_parent\_or\_carer

**5. British Red Cross First Call**

If you know someone who needs a little extra help at home.

Tel: 01905 450436

Mob: 07595 278633

Email: supportworcs@redcross.org.uk

**6. Sports Partnership Herefordshire & Worcestershire**

The Sports Partnership organise Strength and balance classes for those who want to

improve their strength, balance and mobility.

For more information contact the Strength and Balance Coordinator at Bromsgrove

District Council

Tel: 01527 881404

Email: sd@bromsgroveandredditch.gov.uk

**7. Citizens Advice Bromsgrove**

If you need advice on benefits, debt, housing or employment.

Tel: 03444 111 303 (Telephone Advice Service)

01527 557397 (Housing advice only)

Email: Bromsgrove.cab@nhs.net

**8. Age UK Bromsgrove**

Age UK Bromsgrove offers a range of services including Help at Home and

Befriending.

Tel: 01527 871 840

Email: enquries@ageukbromsgrove.org.uk

**9. Worcestershire Association of Carers**

Worcestershire Association of Carers provides an independent source of

information, advice and support for unpaid adult carers in Worcestershire.

Tel: 0300 012 4272

**10. Age UK Dementia Advisor Service**

Tel: 0800 008 6077

Email: http://www.ageuk.org.uk/herefordshireandworcestershire/supportservices/

dementia-advice/

**11. Alzheimer’s Society**

Tel: 0300 222 11 22

Email: [www.alzheimers.org.uk](http://www.alzheimers.org.uk)

**12. Physio Direct**

Physio direct is a telephone service to provide early advice and management for people with back, neck or joint complaints; problems following injuries or any recent changes in a long standing condition.

Bases at the Princess of Wales Hospital In Bromsgrove Tel: 01527